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Mary Burmeister and ...Jin Shin Jyutsu, physio-philosophy, brings balance to the body's energies, which promotes optimal health and well-being, and facilitates our own profound healing capacity. It is a valuable complement to conventional healing methods, inducing relaxation and reducing the effects of stress.Jin Shin Jyutsu UK ActivitiesJin Shin Jyutsu (JSJ) is an

ancient pressure point healing practice that was handed down from generation to generation, but over time this practice was all but forgotten. What is Jin Shin Jyutsu (JSJ)? The translation of JSJ is “The Art of the Creator through Compassionate Man”. How To Do Jin Shin Jyutsu (JSJ) To Heal Your Body Jin Shin Jyutsu® physio-philosophy is an art of harmonizing the life energy in the body.

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and presence

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